

## **MOOD DISORDERS ASSOCIATION OF MANITOBA BOARD MEMBER RECRUITMENT NOTICE**

The Nominating Committee of the Mood Disorders Association of Manitoba (MDAM) is currently seeking applications to fill positions on its Board of Directors.

### **About the Mood Disorders Association of Manitoba**

We are a self help organization whose purpose is helping others to help themselves through peer support, education and advocacy. We seek to increase public awareness about mood disorders and other co-occurring disorders and empower people to develop and manage mental wellness.

### **Term and Location**

Board members will serve a term of up to three (3) years with eligibility for a re-election for consecutive terms.

### **Time Commitment**

Meetings of the Board of Directors and their Committees are typically held on a monthly basis and are on average 1 to 3 hours in length. In addition, Board members are expected to participate in Board committees. Board members should expect to participate in an average of 11 Board meetings per year plus several Committee meetings per year. Members of the Board of Directors are also encouraged to attend numerous MDAM functions and volunteer their time to various MDAM fundraising events.

### **Skills and Experience**

All candidates must have certain core skills and other attributes including:

- Commitment to MDAM mission and vision;
- Interpersonal communications;
- Integrity and honesty;
- Basic financial knowledge; and
- Creative and/or critical thinking.

In addition, the nominating and selection process is designed to maintain a Board which includes experience/competency in the following areas:

- Financial management (an accounting degree preferred);
- Addictions;
- Law;

- Lived experience in mental health problems or illnesses and or experience supporting someone with a mood disorder;
- Governance/Board of Directors experience;
- Familiarity with mental health promotion, recovery-oriented approaches and/or peer support;
- Issues facing Indigenous peoples in Canada;
- Risk management;
- Human Resources;
- Fundraising;
- Communications/public affairs;
- Information Technology;
- Mental healthcare systems (including community based experience and/or clinical experience);
- Mental health research; and
- Investment Management Experience

MDAM is seeking applications from persons with expertise in any of these areas or backgrounds. We are currently specifically searching for candidates with experience and expertise in the following areas: Robert Rules of Order (Parliamentary Procedure), Fundraising and Indigenous/First Nation issues. We are also looking for Board members from Indigenous and Newcomer backgrounds and also individuals from the LGBTQ2S+ community.

## **Application Process**

In keeping with MDAM's commitment to increase its diversity on the Board, we encourage applications which represent the need for balanced gender representation and a diversity of ages; individuals from Indigenous communities as well as individuals from other communities. For example, immigrant/refugee/ethno-cultural/LGBTQ2S+ communities and people with disabilities.

All applications received will be reviewed and candidates interviewed at the request of the Nominating Committee and a final list of qualified candidates for selection will be presented at the MDAM Annual General Meeting scheduled September 30, 2021.

Interested individuals should submit their application in the prescribed form detailing their academic, professional and lived experience and clearly state the reasons why they would be an asset to the Board of Directors for the Mood Disorders Association of Manitoba.

Interested candidates should submit their applications by August 20<sup>th</sup>, 2021 at 5:00 p.m. to the Mood Disorders Association of Manitoba, care of Lisa LaBossiere, 724-240 Graham Ave., or by email to [llabossiere@myersfirm.com](mailto:llabossiere@myersfirm.com).

While we thank all applicants for their interest, only those shortlisted for consideration by the Nominating Committee will be contacted. Please note that successful candidates will be required to have a criminal background check.