

TINA HOLLANDS JANUARY SPEAKING SCHEDULE

JANUARY 13TH WORKSHOP ON MOTIVATIONAL INTERVIEWING

JANUARY 13TH COGNITIVE BEHAVIOUR COURSE AT MDAM

JANUARY 14TH NORDALE SCHOOL EFFECTS OF BULLING ON MENTAL HEALTH

JANUARY 15TH PEER SUPPORT AT STONY MOUNTAIN MORNING

JANUARY 15TH COGNITIVE BEHAVIOUR AT ROCKWOOD INSTITUTE AFTERNOON

JANUARY 16TH MENTAL ILLNESSES AT ADDICTIONS FOUNDATION

JANUARY 16TH MENTAL HEALTH FIRST AID AT STONY MOUNTAIN ALL DAY

**JANUARY 16TH IDENTIFYING WORKABLE SOLUTION TOWARDS MENTAL WELLNESS
SEVEN OAKS WELLNESS CENTRE**

JANUARY 17TH MENTAL HEALTH FIRST AID AT STONY MOUNTAIN ALL DAY

JANUARY 20TH COGNITIVE BEHAVIOUR COURSE AT MDAM

JANUARY 21/14 CMHA WINNIPEG LUNCH AND LEARN S.A.D.

JANUARY 28/14 NAV CANADA, WINNIPEG LUNCH AND LEARN

JANUARY 29TH PEER SUPPORT AT STONY MOUNTAIN

JANUARY 29TH COGNITIVE BEHAVIOUR AT ROCKWOOD INSTITUTE AFTERNOON

JANUARY 30 AND 31 CONFERENCE KNOWLES CENTRE

TINAS FEBURARY SPEAKING SCHEDULE

FEBURARY 3RD COGNITIVE BEHAVIOUR COURSE AT MDAM

FEBURARY 4TH AXIETY WORKSHOP AT STONY MORNING AND AFTERNOON

FEBURARY 5TH PEER SUPPORT AT STONY MOUNTAIN MORNING

FEBURARY 5TH COGNITIVE BEHAVIOUR AT ROCKWOOD INSTITUTE AFTERNOON

FEBURARY 6TH AXIETY WORKSHOP AT STONY MORNING AND AFTERNOON

FEBURARY 10TH SNOWBIRD LODGE SUICIDE AWARENESS ALL MORNING

FEBURARY 10TH COGNITIVE BEHAVIOUR COURSE AT MDAM

FEBURARY 11TH AXIETY WORKSHOP AT STONY MORNING AND AFTERNOON

FEBURARY 12TH AXIETY WORKSHOP AT STONY MORNING

FEBRUARY 12TH COGNITIVE BEHAVIOUR AT ROCKWOOD INSTITUTE AFTERNOON

FEBURARY 13TH ALL DAY OPEN HOUSE STONY MOUNTAIN

FEBURARY 13TH PARENT TEEN CONFLICT SEVEN OAKS WELLNESS

FEBURARY 19TH AXIETY WORKSHOP AT STONY MORNING

FEBURARY 19TH COGNITIVE BEHAVIOUR AT ROCKWOOD INSTITUTE AFTERNOON

FEBURARY 20TH NEW POLICE CADETS ALL MORNING

FEBURARY 24TH COGNITIVE BEHAVIOUR COURSE AT MDAM

FEBURARY 25TH LETS TALK RECOVERY SEVEN OAKS WELLNESS

FEBURARY 26TH AXIETY WORKSHOP AT STONY MORNING

FEBRUARY 26TH COGNITIVE BEHAVIOUR AT ROCKWOOD INSTITUTE AFTERNOON